



Uniform and Hair Orders

Cadets are expected to take good care of their issued uniform and wear it properly, and with pride. It is the responsibility of cadets to ensure that they are in proper dress with respect to, and that their personal department conforms to, the standards that are outlined in the CJCR Dress Instructions – A-CR-CCO-100/AG-001. These orders provide more detail on the information below.

DEPARTMENT

General. IAW (QR)Cadets 5.20, the department and appearance of all cadets, in uniform or when wearing civilian attire, shall on all occasions reflect credit on the Cadet Program and the individual.

Behaviour. When in uniform, cadets shall conduct themselves in a manner which projects a positive public appearance. Behaviour such as chewing gum, use of electronic devices while walking, placing hands in pockets and walking hand in hand, is prohibited.

Cadet Presence. Cadets in uniform shall be well groomed, with footwear cleaned and shone, and uniform cleaned and properly pressed. In particular, buttons, fasteners and zippers shall be kept closed; pockets shall not be bulged; items such as personal mobile devices, portable electronics, glasses, glass cases, sunglasses, pens, pencils, key rings or paper shall not be visibly extended, protrude from pockets or be suspended from waist belts; headphones shall not be worn; ear buds may be worn when travelling on transport only. Cadets wearing civilian clothes during cadet activities shall dress and conduct themselves in a manner that reflects positively as members of the Cadet Program.

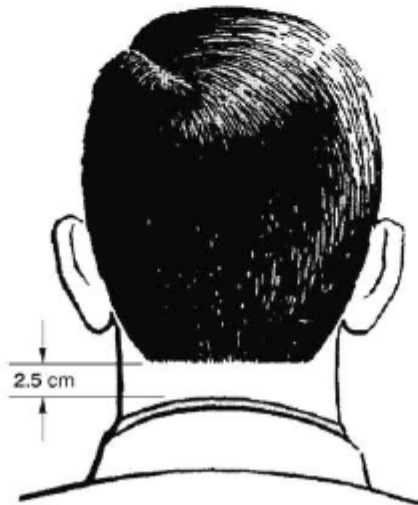
HAIR

Hair on the head shall be neatly groomed and conservatively styled. The length, bulk or style of hair shall not detract from a positive appearance or preclude the proper wear of cadet headdress. (Bulk is the distance that the mass of hair extends from the skin, when groomed, as opposed to the length of hair.) In particular, style and colour shall not present a bizarre, exaggerated, or unusual appearance. Unusual colours, such as green, bright red, orange, purple, etc. are not permitted. Hair must be secured or styled back to reveal the face, and any accessories used to secure or control hair styles shall be as unobtrusive as possible. Hair ornaments shall not be worn, except female's conservative hair clip. Cadets may use hair-gel or hairspray as a personal choice, but must not be mandated to do so.

Male Cadets. Hair shall be taper-trimmed at the back, sides, and above the ears to blend with the hair-style; be no more than 15 cm (6 in.) in length and sufficiently short that, when the hair is groomed and headdress is removed, no hair shall touch the ears or fall below the top of the eyebrows; be no more than 4 cm (1-1/2 in.) in bulk at the top of the head, gradually decreasing to blend with the taper-trimmed sides and back; and be kept free from the neck to a distance of 2.5 cm (1 in.) above the shirt collar. Taper trimmed square back styles and shaving of all the hair on the head are permitted. Sideburns shall not extend below a line horizontally bisecting the ear, and shall be squared off horizontally at the bottom edge and taper-trimmed to conform to the overall hair style.



TAPER TRIMMED HAIRCUT CONVENTIONAL



TAPER TRIM HAIRCUT - STRAIGHT BACK APPEARANCE

Female Cadets. Hair shall not extend below the lower edge of the shirt collar. Exaggerated styles, including those with excessive fullness or extreme height, are not authorized.

Pony Tails. If worn, shall be styled conservatively and tied tightly by a knot or a small unadorned fastener. A pony tail shall be worn in the centre of the back.

Braids. If worn, shall be styled conservatively and tied tightly: secured at the end by a knot or a small unadorned fastener. A second small unadorned fastener may be used to secure the top of the braid. A single braid shall be worn in the centre of the back. Double braids shall be worn behind the shoulders. Hair shall be a maximum length when gathered behind the head and braided which does not extend below the top of the armpit. Multiple braids (cornrows), shall be directed toward the back of the head, pulled tight to the head and secured at the end by a knot or a small-unadorned fastener. A second small unadorned fastener may be used to secure the top of the braid. Multiple braids extending below the lower edge of the collar are to be gathered in a bun. With the permission of a CO, a reasonable

period may be authorized in order to transition from short to long hairstyles, during which time hair may extend below the lower edge of the shirt collar; all the while maintaining a positive military appearance and subject to the cadet's safety.



SHORT HAIR STYLE



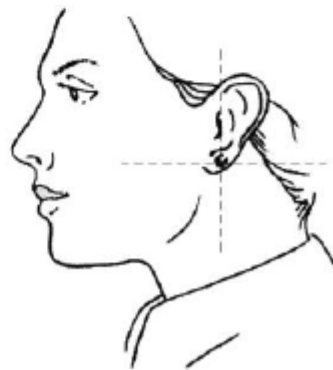
CURLED HAIR STYLE



HIJAB NO HEADRESS



STRAIGHT HAIR STYLE WITH BUN



ONE STUD EAR-RING MAY BE WORN
CENTRED IN EACH EAR LOBE

JEWELLERY

Cadets may wear a wrist watch, a Medical Alert identifier and a maximum of two rings which are not of a costume jewelry nature.

Piercings. Cadets in uniform may wear a single pair of plain gold, silver stud, white diamond, or pearl earrings in pierced ears. The single stud earring, worn in the centre of each earlobe, shall be spherical in shape and shall not exceed 0.6 cm

(1/4 in.) in diameter. In addition to authorized earrings in pierced ears, conservative, non-visible, clear body piercing adornments are permitted to be worn by cadets in uniform or during cadet activities in civilian clothing.

BODY ADORNMENT

Make-up. Cadets are authorized to wear a minimal amount of make-up. During cadet activities, make-up shall be applied conservatively. The use of false eyelashes, heavy eyeliner, brightly coloured eye shadow, coloured nail polish, bright or vivid lipstick and excessive facial make-up is not authorized.

Body Tattoos. Cadets shall not display visible tattoos that could be deemed to be offensive or otherwise reflect discredit on the Cadet Program.

UNDERGARMENTS

Undergarments, including a brassiere for female cadets, if required, shall be worn under all orders of dress and shall be of an appropriate colour so as not to be visible through uniform and civilian items of clothing.

Undershirts may be worn under any order of dress. Undershirts shall be of a solid colour and free of lettering or designs that will show through the uniform shirt, they shall not be visible at the neck opening or below the sleeves.

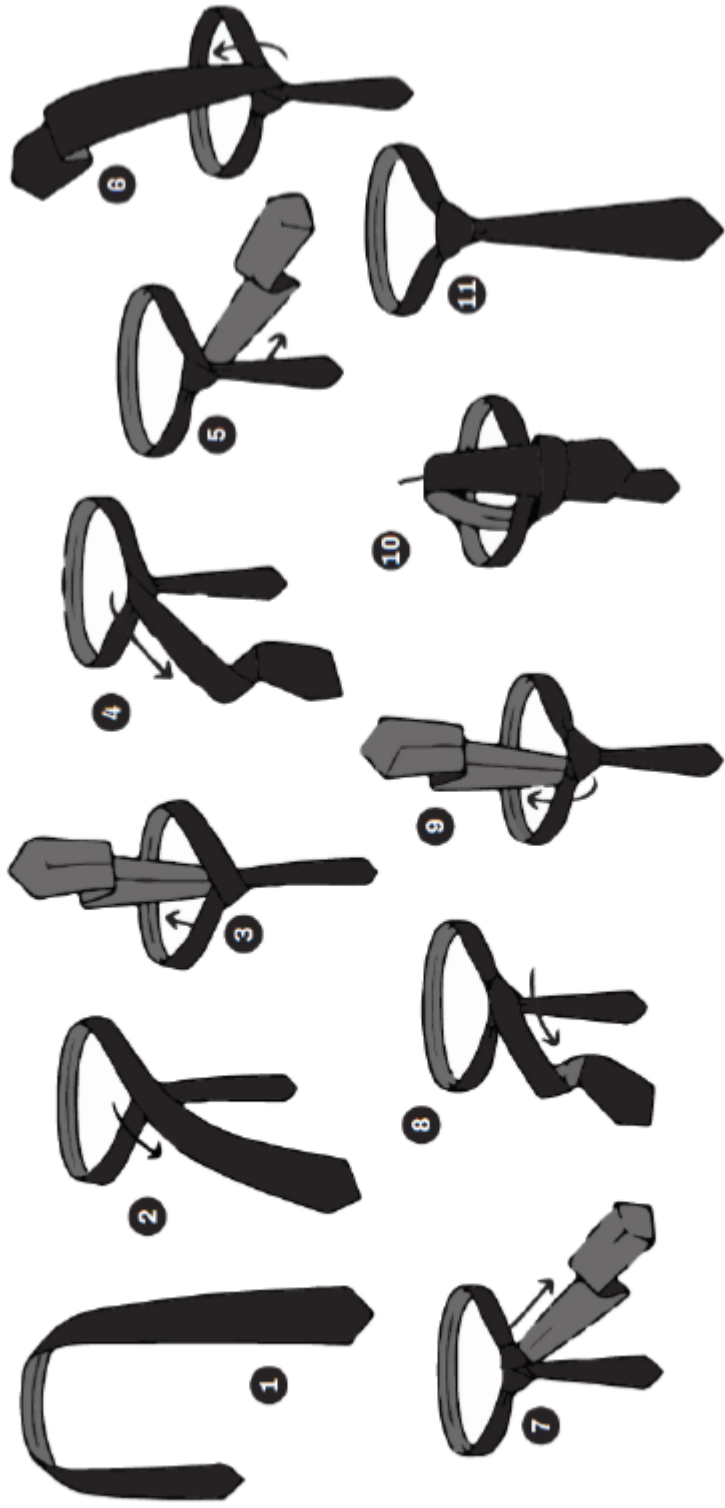
BOOTS ANKLE / SHOES



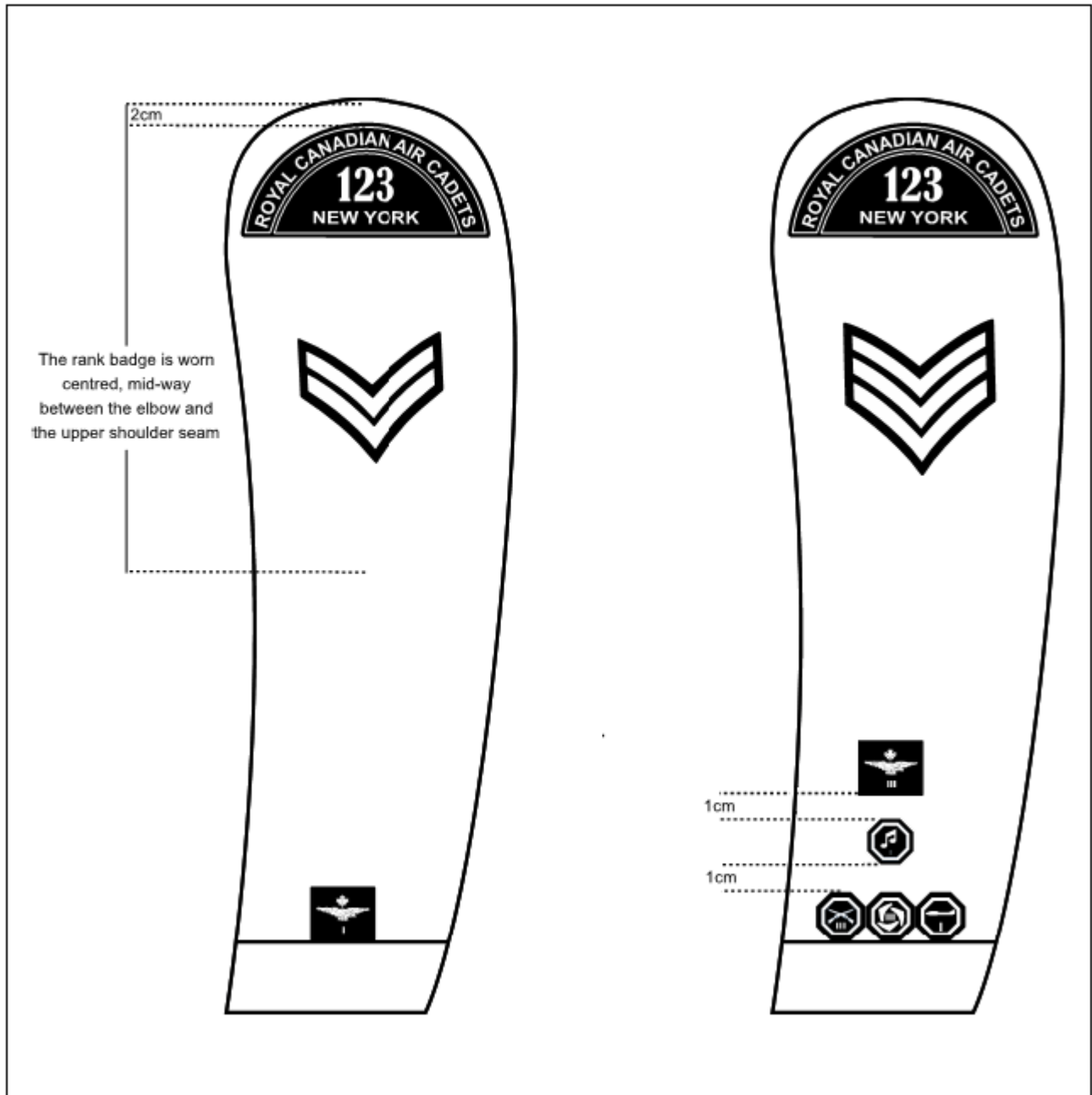
STRAIGHT ACROSS METHOD

NOTE

No visible underlaces except at the top.

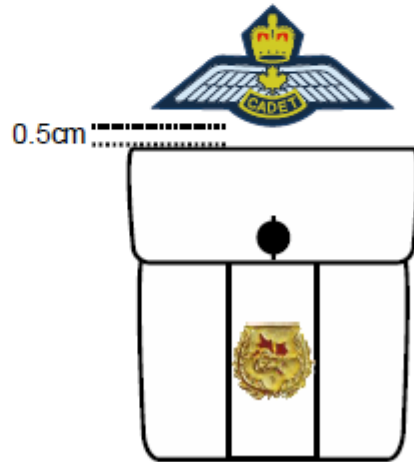
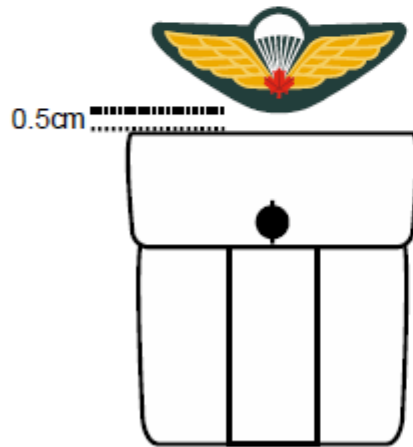
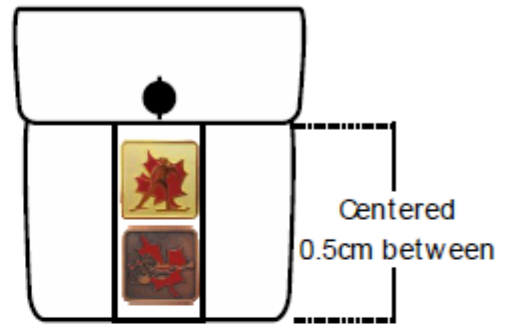
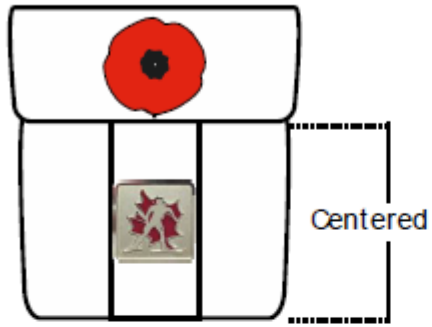


INSIGNIA PLACEMENT
AIR CADETS - LEFT SLEEVE

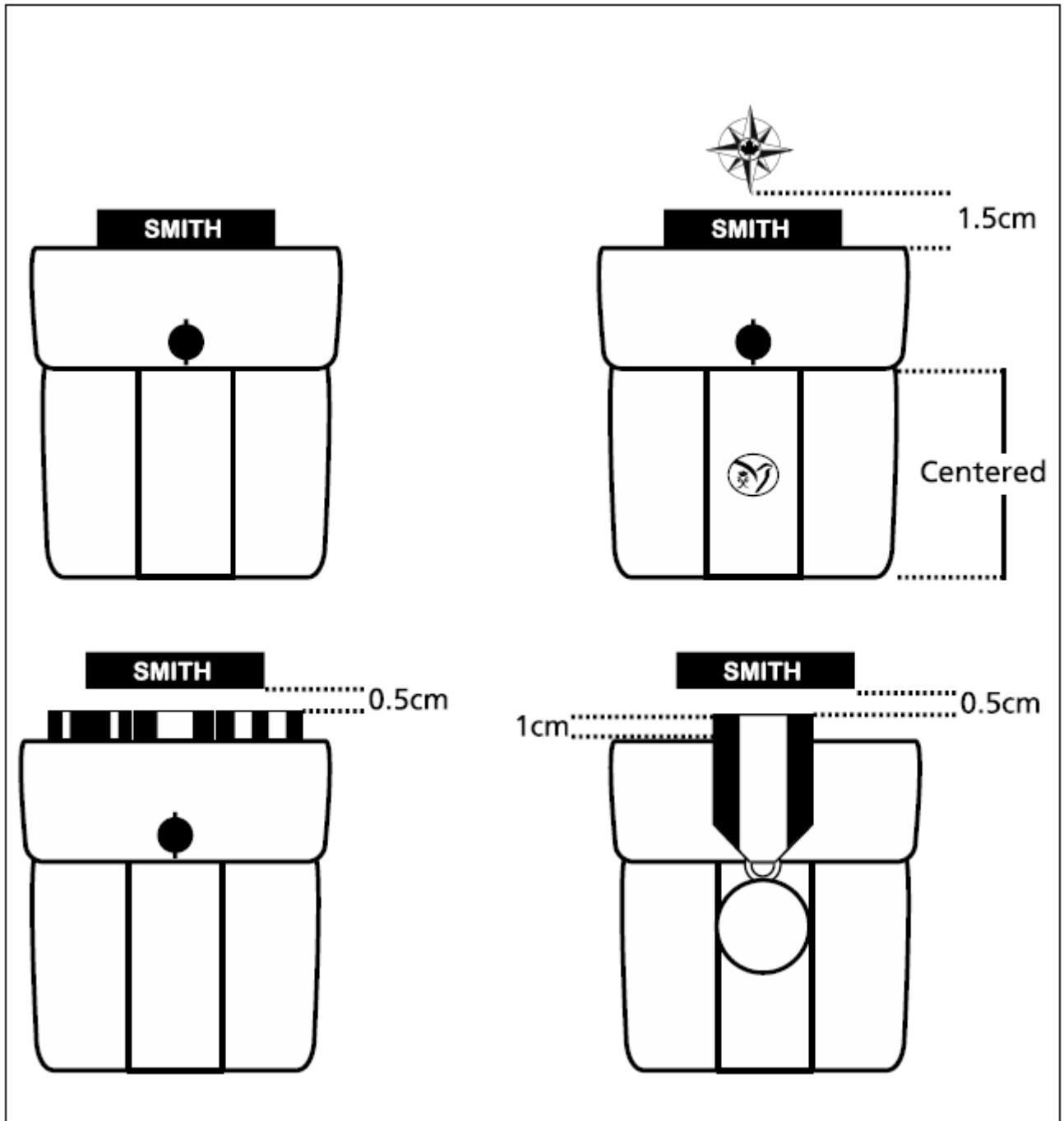


NOTE: Level, music and qualification badges are placed on the left sleeve. If there is only a level badge, follow the example on the left. Camp completion badges are placed on the right sleeve in the same manner. Ranks are placed on both sleeves.


LEFT POCKET





RIGHT POCKET





ORDERS OF DRESS


C1A	COMPOSITION	AUTHORIZED CLOTHING, ACCOUNTREMENTS AND ACCESSORIES
<p style="text-align: center;">Ceremonial Dress</p> 	<ul style="list-style-type: none"> • Wedge • Cloth cap badge • Shirt • Necktie • Jacket with belt • Trousers • Belt • Boots • Socks • Medals • Pins • Cloth glider / power pilot badge 	<ul style="list-style-type: none"> • Name tag • Lanyard • White webbing and gloves

C2	COMPOSITION	AUTHORIZED CLOTHING, ACCOUNTREMENTS AND ACCESSORIES
<p style="text-align: center;">Mess Dress</p> 	<ul style="list-style-type: none"> • Environmental dress shirt (white dress shirt optional) • Necktie (black bow tie optional) • Jacket • Trousers with belt • Boots • Socks • Ribbons • Pins 	

C3	COMPOSITION	AUTHORIZED CLOTHING, ACCOUNTREMENTS AND ACCESSORIES
<p>Routine Training Dress</p> 	<ul style="list-style-type: none"> • Wedge • Cloth cap badge • Shirt • Necktie • Jacket with belt • Trousers • Belt • Boots • Socks • Ribbons • Pins • Cloth glider / power pilot badge 	<ul style="list-style-type: none"> • Name tag • If open necked order of dress is worn, shirt collar shall be outside and over jacket collar.
<p>Unpictured variants:</p> <p>C3A – Same as C3 without tunic</p> <p>C3C – Same as C3 without tie (shirt collar is brought out above tunic collar)</p> <p>C3D – Same as C3, except shirt is replaced by crewneck sweater</p>		

C3B	COMPOSITION	AUTHORIZED CLOTHING, ACCOUNTREMENTS AND ACCESSORIES
<p>Routine Training Dress</p> 	<ul style="list-style-type: none"> • Wedge • Cloth cap badge • Shirt • Trousers • Belt • Boots • Socks • Ribbons • Pins 	<ul style="list-style-type: none"> • Name tag • Metal glider / power pilot badge

C3E	COMPOSITION	AUTHORIZED CLOTHING, ACCOUNTREMENTS AND ACCESSORIES
<p data-bbox="375 243 597 268">Routine Training Dress</p> 	<ul data-bbox="748 243 1019 688" style="list-style-type: none"> • Wedge • Cloth cap badge • Blue t-shirt • Jacket with belt, worn or carried • Trousers • Belt • Boots • Socks • Ribbons • Pins • Cloth glider / power pilot badge 	<ul data-bbox="1073 243 1198 268" style="list-style-type: none"> • Name tag

C3F	COMPOSITION	AUTHORIZED CLOTHING, ACCOUNTREMENTS AND ACCESSORIES
<p data-bbox="375 1089 597 1115">Routine Training Dress</p> 	<ul data-bbox="748 1089 932 1325" style="list-style-type: none"> • Wedge • Cloth cap badge • Blue t-shirt • Trousers • Belt • Boots • Socks 	

OTHER ORDERS OF DRESS

Relaxed civvies: When cadets are allowed to wear relaxed civvies (during team practices, social occasions or other internal squadron activities), they are free to wear what they wish as long as it is in good taste and does not include forbidden items listed below. This includes jeans, shorts, sandals, t-shirts, etc.

Sports/PT gear: During sports or PT (Physical Training) activities, the following items must be worn:

- Sports shoes and socks
- Shorts or track pants (depending on preference and temperature)
- T-shirt (a sweatshirt may be worn depending on preference and temperature)
- If the activity is conducted outdoors, a hat (baseball cap or other).

Forbidden items: The following items of clothing and accessories are not to be worn unless specifically authorised by the CO:

- Hats and baseball caps, unless the activity is conducted outdoors.
- Tank tops, undershirts, halter tops and other sleeveless tops, which includes sleeveless dresses.
- Short tops that expose the belly and/or the belly button.
- Oversized or ripped pants.
- Short shorts/skirts that end more than 7.5 centimetres (3 inches) above the knee.
- Any item of clothing displaying offensive language or images, such as sexual, racial, violent or other inappropriate themes.
- Except for female cadets' earrings (one per ear), no visible piercings (tongue piercings are considered visible). Covering a forbidden piercing with an adhesive bandage (band-aid) is unacceptable.